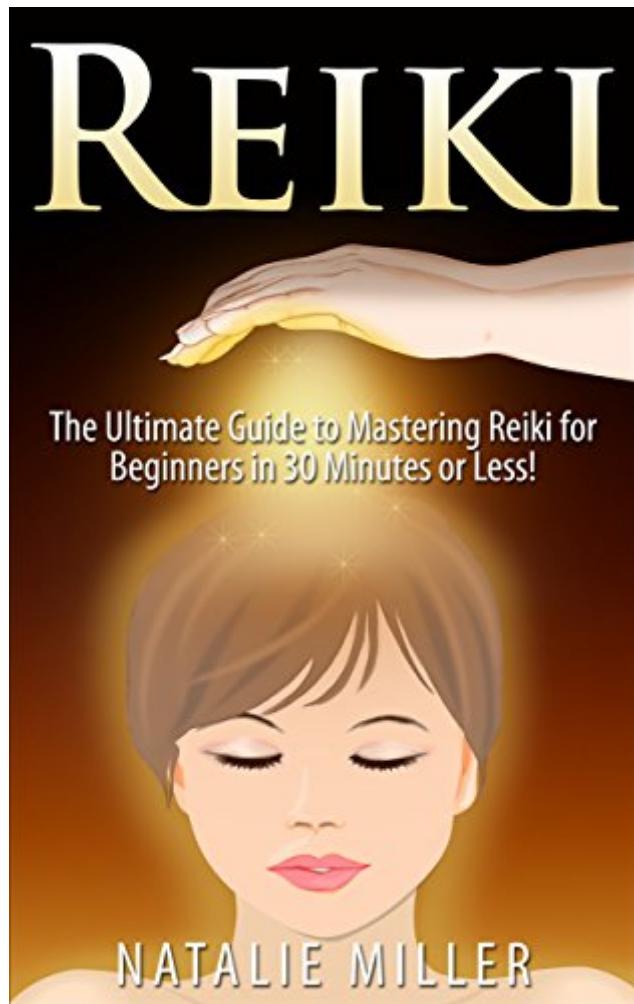


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# **Reiki: The Ultimate Guide To Mastering Reiki For Beginners In 30 Minutes Or Less! (Reiki - Reiki Healing - Reiki For Beginners - Yoga For Beginners - Meditation ... Beginners - Kundalini For Beginners - Zen)**





## Synopsis

Start Healing with Reiki Today! Learn everything you need to know about healing with Reiki This book is for those who want to learn how to use Reiki to heal themselves and others. You will learn everything you need to know to start using Reiki right now. You will learn how to perform Reiki to clear all of the negative energy from your life and your body. You will also learn how to use Reiki to heal yourself and bring a positive feeling into your life. Finally you will learn how you can benefit from the use of a Reiki box or notebook and how it can help you get everything you want out of life. You will learn how by activating the box and performing Reiki on it daily for just five minutes you will be able to achieve what you want faster than you ever thought possible. By the time you finish reading this book you are going to be able to not only heal yourself but you will be able to heal those around you. You will be able to use Reiki to clean negative energy out of your home or office as well as the homes of those you care about the most. You will also learn how to protect yourself from taking other peoples negativity onto yourself when you are performing a Reiki session. You will understand how using Reiki not only balances your life but can help to cure your body of any issue you are facing. Why You Must Have This Book! > In this book you will learn how to start using Reiki to heal yourself. > This book will teach you the steps to become a Reiki Master and begin healing others. > In this book you will learn how to use Reiki to get what you want out of life. > This book will guide you through balancing your mental, physical, emotional and spiritual self as well as helping others do so. > This book will teach you how balancing each part of yourself will help your body heal. > In this book you will learn what to do when performing a Reiki session on a client. What You'll Discover from the Book: Reiki: The Ultimate Guide to Mastering Reiki for Beginners in 30 minutes or Less! \*\* Why you should use self Reiki each day. \*\* \* How to become a strong Reiki healer\*\*\*\* Step by step instructions on what to do if you feel your Reiki diminishing. \*\*\*\*The importance of focusing on yourself before you try to help others. \*\* \*What to do if you feel weak after a Reiki session. \*\*\*\*How to help those you are performing Reiki on to rid themselves of negativity. \*\* Let's Learn Together! Hurry! For a limited time you can download Reiki: The Ultimate Guide to Mastering Reiki for Beginners in 30 minutes or Less! for a special discounted price of only \$2.99 Download Your Copy Right Now Before It's Too Late! Just Scroll to the top of the page and select the Buy Button. TAGS: Reiki, Reiki for Beginners, Yoga, Meditation, Spirituality, Relaxation, Stress Management

## Book Information

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## Customer Reviews

It would have been great to see some basic pictures on symbols and there application also hand positions for touch and no touch

Thank you for sharing. It was simple and to the point. Informative for both my husband and I. Happy to learn variations of energy healing.

Nothing about acutal Reiki.. just the how, when's where's of preparation before and after doing Reiki..

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